



North Berwick Day Centre



Newsletter Monthly Issue

August 2021

'Smile, it's free therapy'—Douglas Horton, American Preacher

No need for an editorial this month. So many photographs of happy faces.

The smiles in this month's edition certainly are great therapy and what more is there to say.

Jackie Tagg, Editor



Thank you Elsie for creating beautiful floral arrangements for the tables. They certainly add that special something, as does Elsie's wonderful smile.

The sun and Jim had their hats on in Gullane



No shortage of smiles



Lily left and Moira below
enjoying crafts and company



George sent us this
gorgeous art work.
Even the fish is smiling

Nothing brings
out the smiles
more than an ice
cream at Amalfi in
Dirleton. From
left to right,
Kathleen,
Margaret and
Barbara



And the smiles just keep coming



We always knew Margaret was a hare raiser.

She so enjoyed being out and about and meeting up with two of the hares in the Lodge. These are raising money for Leuchie House

Joy, left and Vee are the best of friends and so enjoy seeing each other again. The Day Centre garden is looking beautiful



Birthday girls Mary, left and Jean, right

Helping others

Anne below left and Sandra below right, have been knitting bobble hats for Innocent Smoothie bottles to raise funds for Age UK [25p per hat]. Some of this money does also come to the Day Centre. Sandra has made hundreds over the years.



Way back in early 2020 the Day Centre sewing club ladies started a Peter Rabbit quilt (sorry hard to see the design in the photo). This was completed by Janet and Margaret during lockdown. It has been gifted locally in East Lothian.



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